



# Sure-D™ May help lower blood sugar levels within the normal healthy range.\*

TARGETED BODY SYSTEMS: OVERALL WELLNESS, HEALTHY WEIGHT, ENDOCRINE/HORMONAL SYSTEM, VEGAN FRIENDLY\*

Busy schedules, long hours at work, lengthy commutes, all these factors leave little time to devote to a healthy diet. Most of us rely on fast food which is typically loaded with sugars, and when frequently consumed can lead to unhealthy inflammation. Unhealthy diets, over processed foods and sugary drinks may takes us on a rollercoaster of highs and lows. Tired of sugar crashes and the impulse to reach for candy throughout the day? The crash following the spike in blood sugar levels may lead to cravings that are difficult to control. Sure-D™ is designed to help lower blood sugar levels already within the normal healthy range, as well as healthy weight management and overall wellness. This Healthy Blood Sugar Level Blend contains bitter melon, Asian ginseng, blueberry and acerola cherry. The best way to support and maintain healthy blood sugar levels is through a healthy, balanced diet and some lifestyle changes including sufficient sleep, exercise and stress management. Following a healthy diet and reducing sugar consumption is an integral part of an overall wellness plan and a healthy lifestyle.\*



## Primary Structure Function Support:

1. May help lower blood sugar levels within the normal healthy range.\*
2. Promotes healthy weight management\*
3. Promotes healthy digestive function\*
4. Promotes overall wellness\*

## Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 33

	Amount Per Serving	% Daily Value
<b>Healthy Blood Sugar Level Blend*</b> 1500 mg		
Bitter Melon ( <i>Momordica charantia</i> )	†	
Asian Ginseng ( <i>Panax ginseng</i> ) Root	†	
Blueberry ( <i>Vaccinium corymbosum</i> ) Fruit	†	
Acerola Cherry ( <i>Malpighia glabra</i> ) Fruit	†	

† Daily Value not established.

Plant Fiber Capsules





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## THE SCIENCE BEHIND THE INGREDIENTS



**Bitter melon** (*Momordica charantia*) is also known as bitter gourd and balsam pear. The green oblong fruit grows on a climbing vine. Native to Africa, this green fruit has been considered to be the most bitter tasting vegetable known to mankind. Bitter melon has long been used as a folk remedy. Today bitter melon is used to support healthy blood sugar levels, weight management and overall wellness. Recent studies have found that bitter melon contains over 225 different phyto-constituents (phytochemicals). These different compounds may act separately or together to help lower blood sugar levels.\*



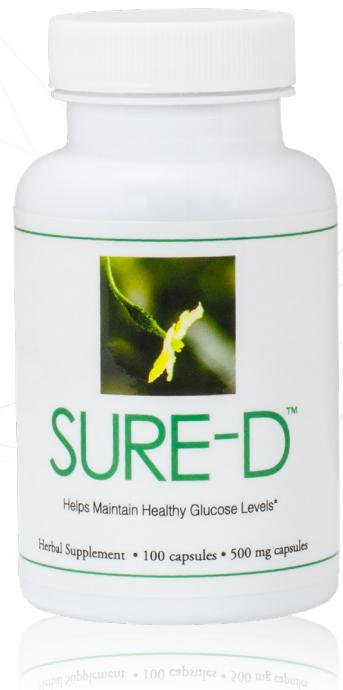
**Asian Ginseng** (*Panax ginseng*) is one of the most popular herbs in the world. It has been used for centuries to support memory, concentration, vitality, endurance, strength and stamina. Scientists have recently discovered that it may reduce inflammation, support brain function, the immune system and healthy blood sugar levels.\*



**Blueberries** (*Vaccinium corymbosum*) are small, sweet, and delicious. Native to North America, these popular berries are eaten fresh and used in a variety of foods. They are known as a superfood for their many health benefits. They are also used to support bones, skin, the immune system, mental health, healthy digestion, weight loss and healthy blood sugar levels.\*



**Acerola Cherry** (*Malpighia glabra*) also called the West Indies cherry or Barbados cherry is native to the tropical regions of the Americas. Acerola cherries are bright red in color, grow on small shrubs and are known to contain naturally occurring Vitamin C. The fruit is pleasant tasting and is used in modern and folk remedies to support digestion, endurance, liver function and overall wellness.





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## QUESTIONS & ANSWERS



**Why should I take Sure-D™?**



Maintaining balanced blood sugar levels is vital for overall good health. Sugar levels that spike too high can lead to unhealthy inflammation. A healthy, balanced, plant-based diet helps maintain normal metabolism and energy levels. Scientist have found the whole-food botanicals in Sure-D™ may help maintain healthy blood sugar levels already within the normal range, promote healthy digestive function, weight management, and overall wellness.\*



**What are good companion products for Sure-D™?**



The ingredients found in Sure-D™ are complementary with the following products: EverNew®-D, Nutrifresh®-D, Phytotime™, 1-Shape Lite™, Nutricardia®, Aromantic®, Nutriall® Original, Refresh™, Vegecolor®, Orchestra™, Triflora™, D-I® and Millennium® Red botanical beverage. These products may contain natural occurring sugar, but do not contain added sugar. High sugar consumption may contribute to an increase in glucose levels. Following a healthy diet and reducing sugar consumption, as well as taking Sure-D™ is an integral part of an overall wellness plan and a healthy lifestyle.\*



**How quickly can I expect to experience beneficial effects from taking this product?**



Please remember that our products are not drugs, nor are they a replacement for drugs and are not meant to treat, cure or prevent disease. Our products contain wholesome food ingredients, which support a safe and gradual but significant change, without drug-related side effects. As part of a healthy lifestyle, the results you desire may occur gradually. We encourage you to use our products together with the four pillars of health taught in the science of Nutritional Immunology, which empowers people to improve their lifestyle by: (1) making balanced wholesome food choices, (2) staying positive and happy, (3) regular exercise, and (4) getting sufficient sleep.\*



**Will this product interact with any of my medications? Should I take it if pregnant, nursing, or have any health issues?**



While these products contain wholesome food botanicals and natural ingredients, as with any changes to diet or lifestyle, you should consult your doctor before using. If you are pregnant, breastfeeding, or have any health issues, we encourage you to check with your health care professional before use.



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\*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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