

Phytotime™ Supports Normal Liver Detoxification Functions*

TARGETED BODY SYSTEMS: DIGESTIVE SYSTEM, VEGAN FRIENDLY*

The natural detoxifying superfoods found in Phytotime™ may help support the digestive system including the liver. Damage and stress to the liver and the digestive system may come from consumption of alcohol, medication, environmental toxins and unhealthy processed food intake. A healthy liver not only cleanses and filters toxins from the blood, it also helps to: break down and deliver nutrients to the body, control immune responses, produce substances including bile to aid food digestion, and support stable circulating blood glucose levels. In Traditional Chinese Culture, it is believed that the liver regulates qi – the vital energy that supports life. The liver is so important, that in many cultures it has been thought of as the seat of the soul. In modern science, the liver is considered a vacuum for the body performing many functions essential for good health and a long life. Consuming wholesome plant foods, as part of a healthy diet, may support a leaner, healthier liver. E. EXCEL's synergistic formula in Phytotime™ features Chinese mesona, Oriental raisin tree, green tea, loquat leaf, chrysanthemum flower and winter melon. Phytotime™'s wholesome ingredients have been specially formulated to provide multi-functional support for the liver and digestive system.*



Supplement Facts

Serving Size 1 packet	
Servings per Container 30	
Amount per serving	% Daily Value*
Calories 70	
Total Fat 0 g	0%
Cholesterol 0 mg	0%
Sodium 5 mg	0%
Total Carbohydrate 17 g	6%
Dietary Fiber 0 g	0%
Total Sugar 6 g	
Includes 5 g Added Sugar	10%
Potassium 150 mg	3%
Proprietary Blend 9.4 g	
Chinese Mesona (<i>Mesona chinensis</i>) Stem and Leaf	†
Oriental Raisin Tree (<i>Hovenia dulcis</i>) Fruit	†
Green Tea (<i>Camellia sinensis</i>) Leaf	†
Loquat (<i>Eriobotrya japonica</i>) Leaf	†
Chrysanthemum (<i>Dendranthema x grandiflorum</i>) Flower	†
Winter Melon (<i>Benincasa hispida</i>) Fruit	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Other Ingredients: Fructose, Maltodextrin, Natural Molasses Flavor, Silicon Dioxide.

Phytotime Joy Code: 100271

Primary Structure Function Support:

1. Supports healthy liver function*
2. Supports the body's normal cleansing and detoxification functions*
3. Supports healthy digestion*

Additional Structure Function Support:

1. Supports normal anti-inflammatory functions of the body*
2. Supports healthy blood sugar regulation*
3. Supports cardiovascular health*



Supplement Facts

Serving Size 1 packet	
Servings per Container 30	
Amount per serving	% Daily Value*
Calories 50	
Total Fat 0 g	0%
Cholesterol 0 mg	0%
Sodium 5 mg	0%
Total Carbohydrate 13 g	5%
Dietary Fiber 0 g	0%
Total Sugar 1 g	
Includes 0 g Added Sugar	0%
Potassium 150 mg	3%
Proprietary Blend 9.9 g	
Chinese Mesona (<i>Mesona chinensis</i>) Stem and Leaf	†
Oriental Raisin Tree (<i>Hovenia dulcis</i>) Fruit	†
Green Tea (<i>Camellia sinensis</i>) Leaf	†
Loquat (<i>Eriobotrya japonica</i>) Leaf	†
Chrysanthemum (<i>Dendranthema x grandiflorum</i>) Flower	†
Winter Melon (<i>Benincasa hispida</i>) Fruit	†

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THE SCIENCE BEHIND THE INGREDIENTS



Chinese Mesona (*Mesona chinensis*) has jagged green, tear drop shaped leaves and is part of the mint family. Chinese mesona is used as part of a plant-based diet to make grass jelly and black grass jelly which is known to promote digestive and liver health, and to support blood sugar levels.*



Oriental Raisin Tree (*Hovenia dulcis*) is a hardy tree found in Eastern China, Japan and Korea. The sweet fragrant fruits look and taste like raisins when dried and are eaten fresh or dried and used as a tea. It is used traditionally to treat hangovers after excessive drinking, support healthy liver function, aid the immune system and support healthy blood sugar levels.*



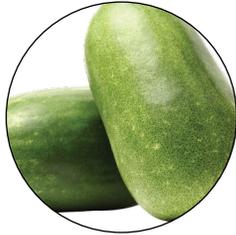
Green Tea (*Camellia sinensis*) leaf is used in Japan to promote longevity and wellness. It is known to contain polyphenols, a type of phytochemical with antioxidant like properties. Green tea may be decaffeinated by roasting the leaves at low temperatures then treating them with carbon dioxide and water. Green tea is used to support: brain health, the cardiovascular system, healthy blood sugar levels, normal anti-inflammatory functions, the immune system, and fat burning.*



Loquat (*Eriobotrya japonica*) is a large evergreen shrub native to China which has been cultivated for over 1,000 years for its small tangy orange fruit and for its leaves which are used to make tea. Loquat leaf is used as a Traditional Chinese Herb to support liver detox, the stomach, lungs, heart, the immune system and to help ease nausea and gastrointestinal distress.*



Chrysanthemum (*Dendranthema x grandiflorum*) is native to East Asia and Northeastern Europe. They have brightly colored blooms that grow in a variety of colors and sizes. Every part of the chrysanthemum is edible. They are steamed, boiled and used as greens in Asian cuisine. Chrysanthemum tea is often used during meals to aid digestion, help metabolize alcohol and for liver support.*



Winter Melon (*Benincasa hispida*) is native to Southern Asia. The fruit grows on a vine, and as it ripens the fuzzy peel becomes powdery, ash-colored and waxy, giving it two of its common names, wax gourd and ash gourd. It has a mild taste similar to cucumber. Popular in Chinese and Indian dishes, the fruit's various uses have been celebrated for centuries in both Ayurvedic and Chinese Herbal Traditions to help promote detoxification, help aid digestion, reduce inflammation, support blood sugar levels, and support healthy cognitive functions and neurological health.*





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QUESTIONS & ANSWERS

Q Why should I take Phytotime™?

A If your lifestyle includes fried, spicy or processed foods, unhealthy drinks, medications, or alcoholic beverages; then your liver and digestive system may need some relief. The liver is the largest internal organ and one of the most important organs in the body helping to remove toxins, maintain proper metabolic functions, control immune responses and is traditionally believed to support qi. A healthy diet consistent of mainly plant foods is a great place to start in supporting healthy liver function. E. EXCEL's Phytotime™ formula combines these rare superfood botanicals which are not easily found in your local grocery store, into a convenient, great-tasting "cooling tea" to support liver and digestive wellness.*

Q Is Phytotime™ a good option for individuals who regularly consume alcohol?

A Yes, but Phytotime™ is so much more! There is recent research supporting the benefits of each of its superfood ingredients: Chinese mesona, Oriental raisin tree, green tea, loquat leaf, chrysanthemum flower and winter melon. This synergistic blend helps support normal detoxification, a healthy liver, normal anti-inflammatory functions, cognitive functions, and healthy digestion.*

Q What companion products could I take with Phytotime?

A Refresh™ is a natural botanical tea which contains *cassia tora*, shiitake and reishi mushrooms. It may be beneficial to use with Phytotime™, to help support the body's normal kidney and liver detoxification functions.*

Phytotime™ - an exotic "cooling tea," combined with D•I®, Evernew® or 1-Shape™ may help support healthy digestive function.*

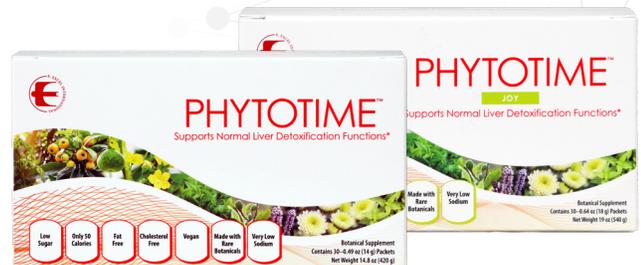
In addition, the E. EXCEL premiere signature products are designed to support the immune system, overall wellness and are always recommended to promote a healthy lifestyle.

Q How quickly can I expect to experience beneficial effects from taking this product?

A Please remember that our products are not drugs, nor are they a replacement for drugs and are not meant to treat, cure or prevent disease. Our products contain wholesome food ingredients, which support a safe and gradual but significant change, without drug-related side effects. As part of a healthy lifestyle, the results you desire may occur gradually. We encourage you to use our products together with the four pillars of health taught in the science of Nutritional Immunology, which empowers people to improve their lifestyle by: (1) making balanced wholesome food choices, (2) staying positive and happy, (3) regular exercise, and (4) getting sufficient sleep.*

Q Will this product interact with any of my medications? Should I take it if pregnant, nursing, or have any health issues?

A While these products contain wholesome food botanicals and natural ingredients, as with any changes to diet or lifestyle, you should consult your doctor before using. If you are pregnant, breastfeeding, or have any health issues, we encourage you to check with your health care professional before use.



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*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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