

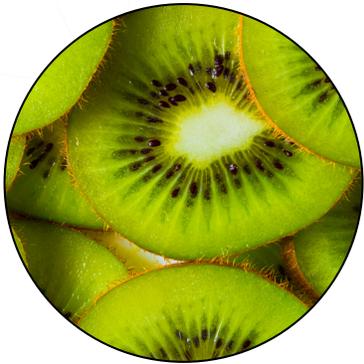
O-Seed® Source of essential fatty acids to help support good health*

TARGETED BODY SYSTEMS: OVERALL WELLNESS, CIRCULATORY SYSTEM, NERVOUS SYSTEM, VEGAN FRIENDLY*

O-Seed®'s vegan friendly "Omega Blend" is designed to support the body's natural health, by providing the essential omega-3 fatty acids that the body cannot produce on its own. An important type of omega-3 is ALA (alpha linolenic acid). Chia seed and kiwifruit seed have two of the best omega-3 to omega-6 fatty acid ratios of any plant source. E. EXCEL's Omega Blend provides a 3:1 ratio, delivering three times as much omega-3 to omega-6 fatty acids. In comparison, corn oil has a ratio of 1:46 and soybean oil is 1:7. There is no wonder why most diets are rich in omega-6 but lack omega-3. O-Seed®'s exclusive vegan friendly blend, in easy to swallow capsules, offers essential omega-3 fatty acids without animal by-products, thus eliminating any fishy aftertaste you might experience from fish oil capsules. Omega-3 fatty acids play an important role in the body. Scientist have found they may provide a number of health benefits to support: cognitive function, healthy vision, heart health, normal anti-inflammatory functions of the body, and good health.*



CHIA SEED



KIWIFRUIT SEED



Primary Structure Function Support:

1. Contains alpha linolenic essential fatty acids*
2. Supports the body's normal anti-inflammatory processes*
3. Supports cardiovascular health*
4. Supports joint health*
5. Promotes cognitive function*
6. Helps to support the neutralization of oxidative stress*
7. Supports normal vision*
8. Digestive support*
9. Helps support good health*

Supplement Facts		
Serving Size: 2 Capsules		
Servings Per Container: 50		
	Amount Per Serving	% Daily Value
Omega Blend*	1000 mg	
Chia (<i>Salvia hispanica</i>) Seed		†
Kiwi (<i>Actinidia chinensis</i>) Fruit		†

† Daily Value not established.

Plant Fiber Capsules



100 Capsules | Code: 30075

**This product information is approved for USA Markets. E. EXCEL USA, LLC www.eexcel.net V.01

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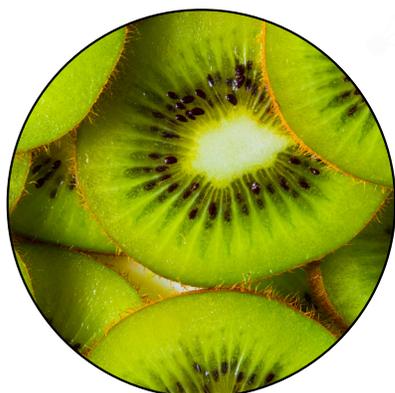
THE SCIENCE BEHIND THE INGREDIENTS



Chia seeds are one of the most abundant sources of omega-3 fatty acids, which includes alpha linolenic acid (ALA). Chia seeds have been used to support: the body's normal anti-inflammatory processes, cardiovascular health, joint health, healthy cognitive function, neutralization of oxidative stress, normal healthy vision, and overall wellness.

A plant in the *Salvia* genus, chia derives its name from the Latin word *salvare*, which means to save. For the ancient Aztec and Mayan cultures, Chia seeds were an important food. They were prized for their ability to provide sustainable energy. In fact, "chia" is the ancient Mayan word for "strength."

Chia seeds are a good source of fiber that can help maintain the digestive tract and cleanse and soothe the colon. Fiber acts like a sponge, absorbing toxins and strengthening movement of the colon. Chia seed enzymes act as a catalyst in the digestive process. An additional benefit, chia seeds do not have a fishy after taste like other sources of omega-3 fatty acids, such as fish oils.*



Kiwifruit seeds are tiny, black, edible gems that are packed with a powerful punch. The kiwifruit or Chinese gooseberry is native to Asia. A schoolteacher first introduced the fruit in New Zealand in 1904. The New Zealanders began cultivating the fruit and called it "kiwi" after their national bird. The seeds are a source of alpha-linolenic acid (ALA) which is an important omega-3 essential fatty acid found only in plants. ALA is necessary for good health and it must be obtained through diet because the human body does not manufacture it on its own.*





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QUESTIONS & ANSWERS

Q Why should I take O-Seed®?

A O-Seed® contains an exclusive blend of chia seeds and kiwifruit seeds. These wholesome botanical sources of omega-3 fatty acids including alpha-linolenic acid (ALA) may support cognitive function, healthy vision, heart health, normal anti-inflammatory functions of the body, and overall good health. These ingredients have healthy ratios of omega-3 to omega-6 fatty acids—chia seeds 3:1; kiwifruit seeds 4:1. Great for those who want a convenient way to get their omega-3 fatty acids from plant sources which contain no animal by-products or fishy after taste!*

Q What are good companion products for O-Seed®?

A Other botanical ingredients rich in omega-3's are macademia nut oil and perilla seed oil, which can be found in E. EXCEL's Essential Blend™ cooking oil. It contains the perfect 1:1 ratio of omega-3 and omega-6 fatty acids your body craves, but cannot produce on its own.*

For cognitive support, E-Memories™ and toTHINK™ are good companion products for O-Seed®. They both contain lion's mane mushroom and Asian ginseng. S•T® is also a great companion product for serenity, relaxation and focus.*

For cardiovascular support, Circle™ is a great companion product to take with O-Seed®, as it contains hawthorn berry, cassia tora, ginger, chrysanthemum, peach seed and tangerine peel. Nutricardia® is also a great companion product which contains hawthorn berry, blueberry, plum, winter melon, white mulberry, and chrysanthemum delivering a delicious and satisfying beverage.*

Celebration™ is E. EXCEL's signature product designed to support the immune system and overall wellness. Other signature products include Millennium®, Millennium® Red, Millennium® Powder, Millennium® Gold, Poly5®, Daily Nutrition Capsules and toTHINK™.*

Q How quickly can I expect to experience beneficial effects from taking this product?

A Please remember that our products are not drugs, nor are they a replacement for drugs and are not meant to treat, cure or prevent disease. Our products contain wholesome food ingredients, which support a safe and gradual but significant change, without drug-related side effects. As part of a healthy lifestyle, the results you desire may occur gradually. We encourage you to use our products together with the four pillars of health taught in the science of Nutritional Immunology, which empowers people to improve their lifestyle by: (1) making balanced wholesome food choices, (2) staying positive and happy, (3) regular exercise, and (4) getting sufficient sleep.*

Q Will this product interact with any of my medications? Should I take it if pregnant, nursing, or have any health issues?

A While these products contain wholesome food botanicals and natural ingredients, as with any changes to diet or lifestyle, you should consult your doctor before using. If you are pregnant, breastfeeding, or have any health issues, we encourage you to check with your health care professional before use.





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*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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