

「心醇」 抗炎症，維護心血管的健康，全面保健*

針對的人體系統：全面保健、循環系統、消化系統、呼吸系統、保持活力、骨肌系統、清理/排毒、適用於全素食者、神經系統*

這款獨特的產品是大自然饋贈給我們的禮物，它所提供的保健心臟的優異植物營養素，能滋養和強化我們的身體。這項全面保健的配方能輔助人體應對充滿挑戰的日常生活，比如：缺少運動，過度食用不健康的加工食品，巨大的壓力，休息和放鬆不足。「心醇」的植物性保健配方中含有山楂、藍莓、李子、冬瓜、白桑椹和菊花，它們有助於從多個方面維護和促進心血管的健康。這些保健性的成分協同合作，能維持血管功能的健康，幫助人體保持正常的消炎功能，並可能幫助維持膽固醇的水平。健康、方便又美味的「心醇」，含有巨量的植物成分，是繁忙生活中抵抗氧化應激，全面保健和養生的基礎營養品。



Supplement Facts

Serving Size: 1 Packet (12 g)
Servings per Container: 30

	Amount Per Serving	% Daily Value**
Calories	45	
Total Fat	0 g	0%
Cholesterol	0 g	0%
Sodium	10 mg	0%
Total Carbohydrates	9 g	3%
Dietary Fiber	3 g	10%
Total Sugars	2 g	
Includes 0 g Added Sugars		0%
Protein	1 g	2%
Cardiovascular Blend*	11.5 g	
Hawthorn (<i>Crataegus pinnatifida</i>) Fruit		†
Blueberry (<i>Vaccinium corymbosum</i>) Fruit		†
Plum (<i>Prunus spp</i>) Fruit		†
Winter Melon (<i>Benincasa hispida</i>) Fruit		†
White Mulberry (<i>Morus alba</i>) Fruit		†
Chrysanthemum (<i>Dendranthema x grandiflorum</i>) Flower		†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Maltodextrin, Natural Orange Flavor, Natural Vanilla Flavor with other natural flavors, stevia, silica.

30包 - 每包12克重 | 貨號: 610021

主要功效：

1. 有助於維護心血管功能*
2. 全面保健和養生*
3. 有助於維護人體的消炎功能*
4. 可幫助將膽固醇水平維持在正常的範圍*
5. 可幫助減輕氧化應激反應，抵抗自由基*





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產品成分的科學依據



山楂(*Crataegus pinnatifida*)是一種中小型樹種，它生長著嬌嫩的鮮紅色漿果，果實大小近似於藍莓或海棠果。這種水果因具有促進健康和維護心血管的特性，所以在中國和歐洲的傳統本草療法中被長期使用。科研人員已對山楂的成分、生物活性化合物和健康效益進行了廣泛的研究。自2015年以來，已有200多份關於山楂的研究報告被發表，經證實，山楂的藥理性能包括抗氧化、抗炎症的作用，同時亦能減少平滑肌細胞的遷移和增生。換言之，這種小巧的水果擁有很多促進健康的特性。*



生長在小灌木上的**藍莓**(*Vaccinium corymbosum*)，在北美地區廣受喜愛。藍莓之所以呈現出獨特的藍色，是因為它含一種名為花青素的類黃酮，而花青素具有抗氧化的作用。眾所周知，藍莓是一種能維護骨骼、皮膚、消化道、心理健康和全面保健的超級食品。*



李子(*Prunus spp*)在全球各地已被種植了數千年。李子經常被製成乾果或榨成汁，然後用在菜餚和甜點中為其添加甜味。李子通便的作用亦廣為人知。因此「心醇」中的李子不僅能使其味道更加豐富、甜美，同時還能維護心血管系統，強化骨骼，養護肝臟和消化道。



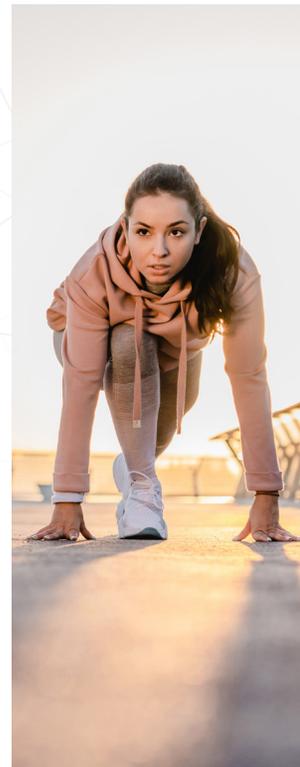
冬瓜(*Benincasa hispida*)，又名wax gourd、ash gourd和 Chinese watermelon。原產於南亞的冬瓜，大小如西瓜，味道溫和近似黃瓜。當生長在藤蔓上的冬瓜成熟時，其毛茸茸的外皮會附上灰白色的粉末和蠟質。中國和印度的菜餚中常常會用到冬瓜，幾個世紀來，冬瓜在傳統中醫和傳統阿育吠陀草藥中均受到重用，它可用來助消化，可利尿、消炎，甚至可當作壯陽藥。*



白桑(*Morus alba*)是一種其根、葉、樹皮和果實均被世界各地的傳統草藥療法入藥的樹木。白桑原產於中國，但已在許多國家得到了廣泛種植。在白桑椹成熟時，其味道如甘露似蜜汁，極其甜美可口。桑椹的顏色可從白色到淡紫色，深淺不一。成熟的桑椹保質期只有三到五天，所以您很難在當地的超市裡看到新鮮的桑椹。目前已知，這種獨特的水果中含有花青素、綠原酸、蘆丁和楊梅黃酮，這些成分有助於維護心血管系統，控制血糖，以及常規的保健。*



菊花(*Dendranthema x grandiflorum*)是一種常見於花園和花盆中的多瓣花卉，它們不僅可用來觀賞，同時也可用來食用。幾個世紀來，乾製的菊花花蕾一直被用於中草藥茶飲，菊花茶可用來消炎、撫慰消化系統，維護呼吸系統和循環系統，以及鎮定安神。*



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問與答

問 為什麼我應該食用「心醇」？

答 適用於全素食者的全面保健產品「心醇」，適合與所有的丞燕產品搭配使用，所以它可成為您繁忙生活中的一項基礎保健飲品。心、肝、肺及所有的重要器官，都是全天候支撐人體運轉的關鍵要素。當整個身體和諧地運作時，身體就能保持精密的平衡，進而保障免疫系統的健康。因而，「心醇」是一款具有全面保健效益的優異產品，它可跟所有丞燕產品搭配：

滋養並強化您的身體，使之發揮其與生俱來的作用。*



消化系統*



免疫系統*



保持活力*



清理/排毒*



神經系統*



促進健康&全面保健*



呼吸系統*



骨肌系統*



循環系統*



體重控制*



特色產品*





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