

# MILLENNIUM

• **Featuring Wholesome Plant Foods** •

Cacti have a treasure trove of nutrients beneath their rugged exterior helping them survive harsh and barren deserts. **Millennium**® combines prickly pear cactus, also found in Celebration™, in addition to royal jelly and honey. In 1996, our revolutionary Millennium® formulation won first place at the Conference of World Traditional Medicine. Made from hand-picked cactus and filtered to remove irritating components, it is carefully packaged into convenient, patented, high quality cartons to preserve freshness without preservatives.



**Prickly Pear Cactus**



**Royal Jelly**



**Honey**



**Natural Orange & Lemon Flavor**

- Convenient packaging eliminates the need for preservatives
- Made with nourishing wholesome ingredients
- Only 70 calories
- Vegetarian
- No artificial colors or stimulants
- Cholesterol Free
- Sodium Free
- Fat free



One carton of Millennium® contains only 70 calories and 0% total fat and cholesterol.



<b>Nutrition Facts</b> <b>Valeur Nutritive</b>	
Servings per Container: About 8	
Serving Size: 1/2 cup (118 ml) / Pour : 1/2 tasse (118 ml)	
Amount Per Serving	
<b>Calories</b>	<b>70</b>
<small>% Daily Value*</small>	
<b>Total Fat / Lipides</b> 0 g	0%
<b>Cholesterol / Cholestérol</b> 0 mg	0%
<b>Sodium</b> 0 mg	0%
<b>Total Carbohydrate / Glucides</b> 17 g	6%
Dietary Fiber / Fibres 0 g	0%
<b>Total Sugar / Sucres</b> 17 g	
<b>Includes 17 g Added Sugar</b>	<b>34%</b>
<small>Not a significant source of saturated fat, trans fat, protein, vitamin D, calcium, iron, potassium. / Ne constitue pas une source significative de lipides saturés, lipides trans, de protéine, de calcium, de fer ou de potassium.</small>	
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.</small>	

Featured ingredients shown above. For product details see the full product container.

5 cartons | Code: 800010

# The Science

## Behind The Ingredients



**Prickly Pear Cactus Pad**, despite its prickly exterior, has soft and succulent flesh and is very rich in phytochemicals and minerals. It is very important to choose the right species and right parts of the cactus. Processing must take place immediately after the gel has been extracted from the cactus to produce the purest and most delicious extract possible. Even the harvesting hour can be critical. Research shows that it is best to harvest cactus pads earlier in the day because the acidity is the lowest at that time, which is better for health. During the last decade, growing interest in cactus has resulted in many scientific studies regarding the composition and bioactivity of cactus and cactus compounds. The world is just now beginning to wake up to the benefits of prickly pear cactus pad!\*



**Royal Jelly** demand is growing every year and so is the market for functional foods in general. Royal Jelly is formed by different substances: mainly carbohydrates, proteins, and lipids, but also vitamins, minerals, and phenolic or volatile compounds in lower proportion.\*



**Honey** is considered sweet, neutral (not too hot or cold, but just right) and can be added to herbal preparations to make them taste better. Apart from its widely recognized nutritional value, honey helps restore qi energy.\*

# Questions & Answers



## Why should I take Millennium?



Millennium's award-winning formula has been E. EXCEL's signature product since 1996. The synergy of cactus pad, royal jelly, and honey packaged in a convenient travel-friendly container make this delicious beverage a true classic in the E. EXCEL product offering. Discover the benefits of this award-winning botanical beverage today.



## What companion products can I take with Millennium?



Celebration™ is E. EXCEL's signature product designed to support the immune system and overall wellness. Other signature products include, Poly5®, and toTHINK™.\*

In addition, E. EXCEL's Daily Nutrition Capsules™ offer foundational support for overall health and wellness.\*

All of these products are complimentary and companion products for Millennium.



## How quickly can I expect to experience beneficial effects from taking this product?



Please remember that our products are not drugs, nor are they a replacement for drugs and are not meant to treat, cure, or prevent disease. Our products contain wholesome food ingredients, which support a safe and gradual but significant change, without drug-related side effects. As part of a healthy lifestyle, the results you desire may occur gradually.

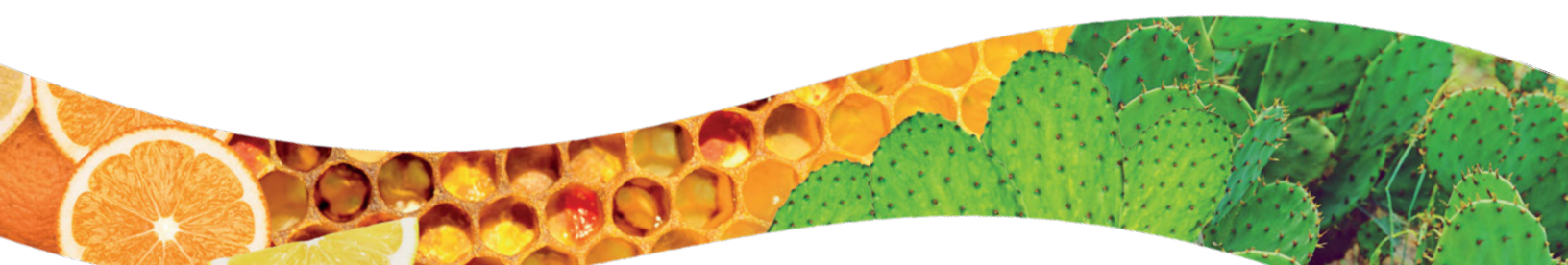


## Why should this product be part of a healthy lifestyle?

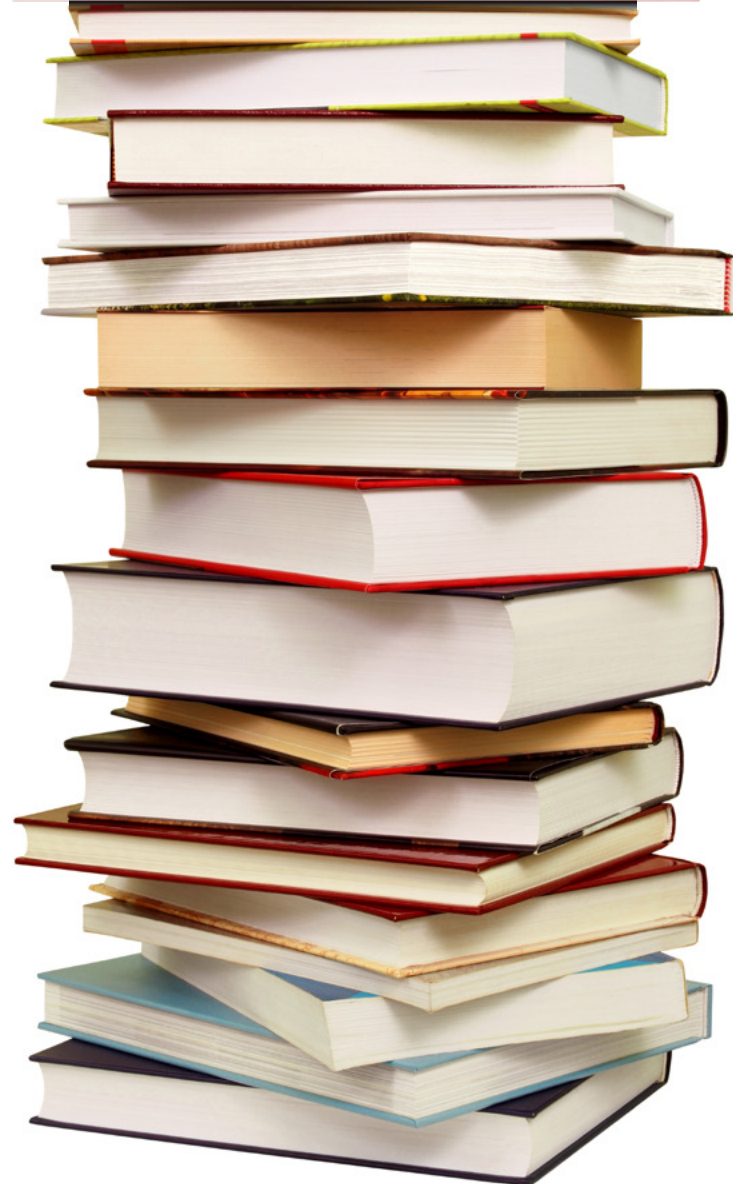


Achieving a healthy lifestyle will occur gradually. We encourage you to use our products together with the four pillars of health taught in the science of Nutritional Immunology, which empowers people to improve their lifestyle by: (1) making balanced wholesome food choices, (2) staying positive and happy, (3) regular exercise, and (4) getting sufficient sleep. In addition, make sure to drink plenty of water!

This product is a wholesome botanical food, therefore, this product does not include any body structure function claims.



# References



**As you seek out information on wholesome food ingredients, always remember to use reliable sources such as:**

21 CFR Sec. 101.81 Health claims: Soluble fiber from certain foods and risk of coronary heart disease (CHD) (Recommends 7g soluble fiber per day)

Academy of Nutrition – eatright.org

Accredited Medical Facilities

- Mayo Clinic-Healthy Lifestyle

Accredited University Research

- Harvard Health- Harvard Medical School

Center for Disease Control and Prevention – Healthy Living

Chen, Jau-Fei, PhD. (2015). *Nutrition. Immunity. Longevity*. Chen, Jau-Fei, PhD. (2004). *Enjoying Health & Longevity with Nutritional Immunology*. Chen, Jau-Fei, PhD. (2000). *Nutritional Immunology*.

Health Canada – Food and Nutrition

U.S. Department of Health and Human Services

- health.gov

National Institute of Health

NHS (UK) – Live Well

Not-for-Profit Health Organizations

- American Cancer Society – Stay Healthy
- American Diabetes Association –Nutrition and Fitness
- American Heart Association – Healthy Eating
- American Stroke Association – Healthy Living
- Canadian Heart and Stroke Foundation – Healthy Living
- Nutrition Coalition

Peer-Reviewed Medical Journals

- Medical News Today
- The American Journal of Medicine

U.S. Department of Agriculture

- ChooseMyPlate – Dietary guidelines for Americans
- Dietary Health
- Nutrition.gov
- Usda.gov/topics/food-and-nutrition

U.S. Food and Drug Administration - Food

World Health Organization - Nutrition

\*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\*\*This information provided is intended for E. EXCEL USA only, and is in compliance with USA guidelines and regulations, pursuant to section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act published by the United States Food and Drug Administration (FDA). We at E. EXCEL North America strive to follow all governing regulations for labeling and testing for the USA following the guidelines from the FDA and FTC, and in Canada following the guidelines from Health Canada. Products and ingredients marketed in North America are currently registered in both Canada and the United States. Structure function claims may vary from country to country to meet each specific country rules and regulations. Therefore, E. EXCEL North America is not responsible for claims made in other countries.