



# E-Memories™ Helps to promote mental clarity and focus\*

TARGETED BODY SYSTEM: OVERALL WELLNESS, NERVOUS SYSTEM, VEGAN-FRIENDLY\*

Work, school, aging, current affairs, and a busy lifestyle are just some of the every-day stressors that contribute to mental fatigue. Research shows that the wholesome food ingredients found in E-Memories™ have a positive bioactive effect to support brain function. The majestic lion's mane mushroom, the primary ingredient in E-Memories™, might be unrecognizable as a mushroom. Grown in Asia, this exotic species resembles the wings of angels and is used to help support mental and cognitive functions. E-Memories™ exquisite formulation contains lion's mane mushroom, *Panax ginseng* and *ashitaba leaf* from Japan, providing a unique and perfectly harmonized Mental Focus Blend. This combination of ingredients helps to support, mental clarity, cognitive vitality, sharpness, and recall.\*



LION'S MANE MUSHROOM



PANAX GINSENG



ASHITABA LEAF



### Structure Function Support:

1. Promotes and supports mental clarity and focus\*
2. Supports cognitive vitality\*
3. Supports brain function\*
4. Supports memory functions\*
5. Supports the nervous system\*
6. Supports normal age-related cognitive function\*
7. Supports overall health and wellbeing\*

## Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 33

	Amount Per Serving	% Daily Value
Mental Focus Blend*	1500 mg	
Lion's Mane ( <i>Hericium erinaceus</i> ) Mushroom		†
Asian Ginseng ( <i>Panax ginseng</i> ) Root		†
Ashitaba ( <i>Angelica keiskei</i> ) Leaf		†

† Daily Value not established.

Plant Fiber (Capsules)

100 Capsules | Code: 30120



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## THE SCIENCE BEHIND THE INGREDIENTS



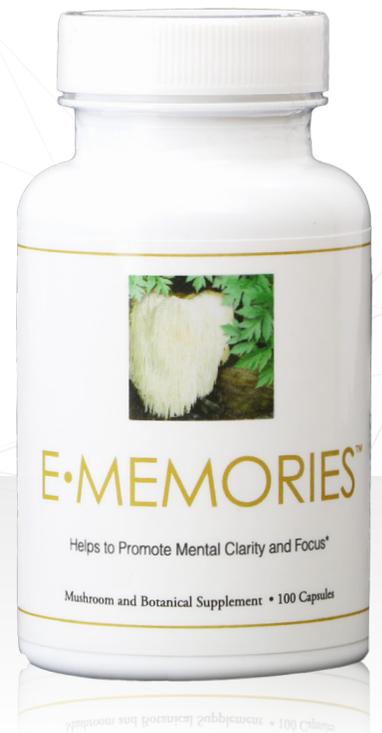
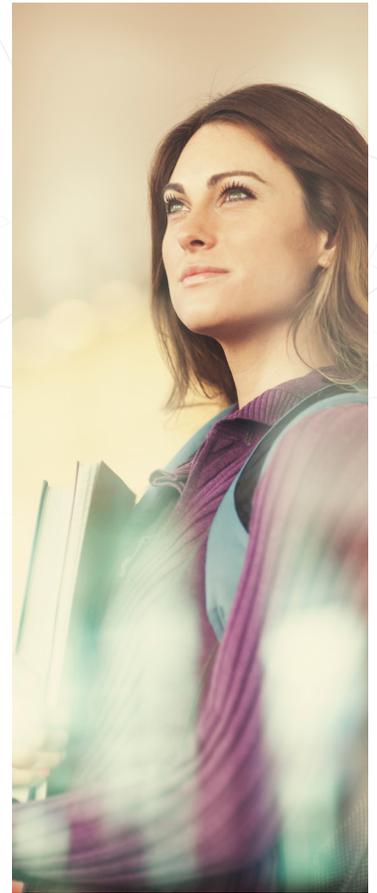
**Lion's mane mushroom** (*Hericium erinaceus*) is grown throughout Vietnam, China, and Japan. It has long been used traditionally to support memory, and modern science is confirming the mushroom's many benefits for brain health. It also has particularly important effects on the central nervous system.\*



**Asian ginseng** or *Panax ginseng* has long been considered the "king of herbs" throughout the world. Ginseng is often used to support the body in times of stress and fatigue (specifically mental fatigue) and to support memory and concentration.\*



**Ashitaba** is an amazing plant with a strong rejuvenating life force. If you pluck a leaf today, a new one will sprout tomorrow. *Ashita* means *tomorrow* and *ba* means *leaf* in Japanese. Native to Japan's Hachijo Island, ashitaba has long been used by the island's inhabitants as both food and as an herbal remedy. Because of its strong life force, ashitaba is well known as a longevity herb. **Ashitaba's** scientific name is *Angelica keiskei*. *Angelica* is Latin for *angel*, a nod to its "heavenly" health benefits. **Ashitaba** is renowned for its wellness properties, and the Japanese use it to support overall health.\*



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## QUESTIONS & ANSWERS

**Q** Why should I take E-Memories™?

**A** This exclusive synergistic blend contains **lion's mane mushroom** which supports brain function, **Panax ginseng** to help support mental fatigue and the life-supporting **ashitaba leaf** for overall wellness. Take daily to support mental clarity, sharpness and recall.\*

**Q** I really love the brain and memory support of E-Memories™. Are there any other products available with similar ingredients?

**A** Yes! toThink™ is one of E. EXCEL's signature beverages which includes a premium blend of American ginseng and lion's mane mushroom.

**Q** What are good companion products for E-Memories™?

**A** Celebration™ is E. EXCEL's signature product designed to support immune support and overall wellness. Other signature products include Millennium®, Millennium® Red, Millennium® Powder, Millennium® Gold and toThink™.\*

For renewed energy and focus, E-Memories™ can be combined with Concenergy®.\*

To naturally help support serenity, relaxation and focus, E-Memories™ can also be combined with ST®.\*

**Q** How quickly can I expect to experience beneficial effects from taking this product?

**A** Please remember that our products are not drugs, nor are they a replacement for drugs and are not meant to treat, cure or prevent disease. Our products contain wholesome food ingredients, which support a safe and gradual but significant change, without drug-related side effects. As part of a healthy lifestyle, the results you desire may occur gradually. We encourage you to use our products together with the four pillars of health taught in the science of Nutritional Immunology, which empowers people to improve their lifestyle by: (1) making balanced wholesome food choices, (2) staying positive and happy, (3) regular exercise, and (4) getting sufficient sleep.

**Q** Will this product interact with any of my medications? Should I take it if pregnant, nursing, or have any health issues?

**A** While these products contain wholesome food botanicals and natural ingredients, as with any changes to diet or lifestyle, you should consult your doctor before using. If you are pregnant, breastfeeding, or have any health issues, we encourage you to check with your health care professional before use.





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\*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\*\*This information provided is intended for E. EXCEL USA only, and is in compliance with USA guidelines and regulations, pursuant to section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act published by the United States Food and Drug Administration (FDA). We at E. EXCEL North America strive to follow all governing regulations for labeling and testing for the USA following the guidelines from the FDA and FTC, and in Canada following the guidelines from Health Canada. Products and ingredients marketed in North America are currently registered in both Canada and the United States. Structure function claims may vary from country to country to meet each specific country rules and regulations. Therefore, E. EXCEL North America is not responsible for claims made in other countries.

