

Concenergy® Helps to Promote Energy, Stamina and Focus*

TARGETED BODY SYSTEMS: OVERALL WELLNESS*, VITALITY*, NERVOUS SYSTEM*

Concenergy® contains a masterful, stimulant-free blend of bee pollen, Asian ginseng, licorice root, chrysanthemum, cassia bark and tangerine peel.

This blend is the ideal replacement for stimulant powders or energy drinks.

Concenergy® energizes and revitalizes the body without synthetic stimulants.

Concenergy® is a synergistic combination of adaptogenic botanicals such as Asian ginseng, bee pollen and licorice root, to help balance and regulate the body's anabolic and metabolic activity levels to improve stamina and peak performance. The Vitality Blend found in **Concenergy®** helps the body maintain various aspects of cardiovascular, cognitive and neurological function. For healthy energy support, on the go or at home, at school or at work, wherever it matters most, make **Concenergy®** a part of your daily lifestyle!*



BEE POLLEN



ASIAN GINSENG



LICORICE ROOT



CHRYSANTHEMUM FLOWER



CASSIA BARK



TANGERINE PEEL

Primary Structure Function Support:

1. Promotes physical performance, energy and vitality*
2. Contains adaptogenic botanical ingredients*
3. Supports healthy metabolic function*
4. Supports healthy cognitive and neurological function*

Additional Structure Function Support:

1. Supports normal cardiovascular function*
2. Supports healthy immune response*
3. Age related oxidative support*
4. Supports anti-inflammatory functions*
5. Supports healthy liver function*
6. Supports healthy digestion*
7. Supports overall health and wellbeing*

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 50

Vitality Blend*	1000 mg	
Bee Pollen		†
Asian Ginseng (<i>Panax ginseng</i>) Root		†
Licorice (<i>Glycyrrhiza glabra</i>) Root		†
Chrysanthemum (<i>Dendranthema x grandiflorum</i>) Flower		†
Cassia (<i>Cinnamomum aromaticum</i>) Bark		†
Tangerine (<i>Citrus reticulata</i>) Peel		†

† Daily Value not established.

Plant Fiber Capsules



100 Capsules | Code: 20010

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THE SCIENCE BEHIND THE INGREDIENTS



Bee pollen is beneficial as a food and supplement. "Bee pollen is a mixture of flower pollen, honeybee digestive juices, and nectar. The size and color of bee pollen vary with the plant species. The Chinese book Shen Nong Ben Cao Jing categorizes bee pollen as a food that can strengthen the body and prolong life. In Chinese palaces, bee pollen was made into a paste for healing and beauty purposes" (Chen, Jau-Fei, PhD. (2015) *Nutrition, Immunity, Longevity*).*



"**Ginseng** researcher Dr. Brekhman of the Soviet Academy of Sciences calls ginseng an 'adaptogen.' He uses this term to describe plant foods that help maintain balance in the body, help the body cope with stress, and enhance the body's natural endurance. Steven Fulder, Ph.D., an herb researcher and independent consultant in Israel, believes ginseng helps counter prolonged stress from a number of sources, including shift work, extensive athletic training, and exposure to pollutants. He says that ginseng may also help combat the effects of overeating and overdrinking. Because many people today suffer from these problems to some extent, ginseng appears to be of benefit to many people-especially those who function in high-stress situations" (Chen, Jau-Fei, PhD. (2000) *Nutritional Immunology*).*



Licorice is an important Traditional Chinese herb that has been used for thousands of years as a food and supplement. "Nicholas Culpeper, a 17th-century English herbalist, once said of licorice, 'The root of this plant is deservedly in great esteem, and can hardly be said to be an improper ingredient in any compositions of whatever intention.' Being 50 times sweeter than sugar, just a small amount of licorice adds tremendous flavor to any herbal formulation." "As an adaptogen, licorice improves the body's response to stress" (Chen, Jau-Fei, PhD. (2015) *Nutrition, Immunity, Longevity*).*



Chrysanthemum's use "dates back to the first century BC when it appeared in the Shennung Pentsao, a Chinese herbal book." "Chrysanthemum flowers have rejuvenating properties and may be used internally and externally..." (Chen Jau-Fei, PhD. (2000) *Nutritional Immunology*).*



Cassia bark (Chinese cinnamon), was used traditionally to support a calm and relaxed mood. This common Asian spice comes from an evergreen tree with tiny white and yellow flowers. "Cinnamon is often used in toothpaste and mouthwash because it is sweet to the taste and a powerful antiseptic"(Chen Jau-Fei, PhD. (2000) *Nutritional Immunology*).*



"**Tangerines** are native to China, where they have been cultivated and respected for over 3,000 years. The essential oil from the fruit's skin is often used in aromatherapy and homeopathy. Modern Chinese herbalists still use tangerine peel..." (Chen, Jau-Fei, PhD. (2000) *Nutritional Immunology*).*



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QUESTIONS & ANSWERS

Q Why should I try Concenergy®?

A Concenergy®'s Vitality Blend contains adaptogenic ingredients to help balance the body's energy functions without harmful stimulants. Replace sugary drinks, caffeinated beverages, and synthetic stimulant products with an all-natural and wholesome solution—Concenergy®.

Q What is an adaptogen and how does it help?

A Panax ginseng, licorice root and bee pollen are adaptogens, meaning they promote homeostasis and equilibrium, to help balance energy, stamina and focus. This is why Concenergy® may help with energy and mental clarity, depending on the individual needs. Whether our body's systems are overactive or underactive, adaptogens may help adjust these processes to normal anabolic activity levels.

Q Why is anabolic metabolism important?

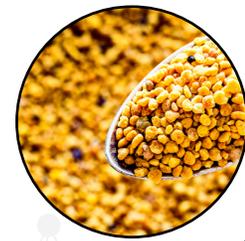
A Metabolism is how the cells of the body get energy and remove waste. There are two types of metabolism, catabolic and anabolic. Catabolic metabolism breaks down complex molecules, providing a quick burst of energy followed by a crash. In contrast, anabolic metabolism helps create sustainable energy by building complex molecules from simple ones and providing a more consistent level of energy without feeling a crash. Concenergy®'s masterful combination of ingredients support anabolic metabolism.

Q How quickly can I expect to experience beneficial effects from taking this product?

A Please remember that our products are not drugs, nor are they a replacement for drugs and are not meant to treat, cure or prevent disease. Our products contain wholesome food ingredients, which support a safe and gradual but significant change, without drug-related side effects. As part of a healthy lifestyle, the results you desire may occur gradually. We encourage you to use our products together with the four pillars of health taught in the science of Nutritional Immunology, which empowers people to improve their lifestyle by: (1) making balanced wholesome food choices, (2) staying positive and happy, (3) regular exercise, and (4) getting sufficient sleep.

Q Will this product interact with any of my medications? Should I take it if pregnant, nursing, or have any health issues?

A While these products contain wholesome food botanicals and natural ingredients, as with any changes to diet or lifestyle, you should consult your doctor before using. If you are pregnant, breastfeeding, or have any health issues, we encourage you to check with your health care professional before use. For specific cautions related to this product, please refer to the product label.





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*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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