



Nutrifresh®

Daily Nutrition Beverage

Nutrifresh is a daily nutrition beverage formulated on the principles of Nutritional Immunology. It is made with an assortment of natural, healthy, whole plant foods. Its ingredients include highly nutritious soy that nourishes the body with phytochemicals, antioxidants and protein. Soy protein is easily absorbed by the body. In addition, it also contains asparagus, broccoli, cabbage, cactus fruit, cantaloupe, carrot, grape, grapefruit juice, honeydew, kelp, pea, pear juice, pineapple juice, reishi mushroom, spinach and tomato—among other things. What it does not contain is artificial sweeteners and preservatives.

The Nutrifresh manufacturing process involves innovative concentration techniques like freeze-drying and spray-drying to retain maximum nutrients without destroying the flavor of the fruits and vegetables. At the same time, the manufacturing techniques ensure that the product is low in fat and calories.

Nutrifresh is suitable for those who need to monitor their weight, cholesterol level and cardiovascular health. Full of flavor and nutrition, Nutrifresh is an ideal beverage for all ages.

This convenient beverage comes in a box of 30 individual servings that are easy to take along for people on the go. Just mix with water for a refreshing pick-me-up any time of day. Nutrifresh is available in five delicious flavors: Original, Mixed Fruit, Chocolate, Peach and Strawberry.

Nutrifresh®-D

Nutrifresh-D combines the same soy protein benefits in a low glycemic index (GI) beverage. The glycemic index is the rate at which carbohydrates break down and release glucose into the bloodstream. Generally, the lower the GI, the better it is for diabetics. Soy has a low GI of 18, which makes it suitable for those on low-sugar diets.

Nutrifresh-D is made using unique harvesting and manufacturing processes that give it a low GI. Nutrifresh-D has no added fructose, making it an ideal beverage for those on low-sugar or special diets.

E. Excel Nutritional Immunology®

Prevention Over Cure

Nutritional Immunology is a relatively new science pioneered by E. Excel's founder, Dr Jau-Fei Chen. It studies the close relationship between nutrition and the immune system. Dr Jau-Fei Chen's research shows that consuming healthy foods strengthens the immune system; a strong immune system can defend us from most illnesses. Nutritional Immunology emphasizes consuming natural, wholesome foods for good health and does not endorse consuming chemically processed foods. This science surpasses the study of basic nutrients essential for survival such as vitamins and proteins. Instead, Nutritional Immunology researches how antioxidants, phytochemicals and polysaccharides help boost the immune system.

Nutritional Immunology emphasizes prevention over cure. Health problems can be better prevented if we provide our immune system with proper nourishment daily.

Our Manufacturing Processes

E. Excel's formulates its products on the science of Nutritional Immunology. We have spent much time and effort on our manufacturing processes, which include:

- Researching the different types of plant food that contain the most abundant phytochemicals, antioxidants and polysaccharides;
- Studying which plant species is most beneficial to the human immune system. For example, there are over 80 species of ginger but all contain varying amounts of nutrients;
- Analyzing which parts of a plant are most nutritious;
- Selecting the most appropriate harvest time. For example, the older the ginseng, the better it is, as ginseng harvested at a young age yields little nutritional benefit. Mushrooms should be harvested when they are still young to obtain optimum quality;
- Using appropriate processing techniques, i.e., some plants must be heated before use while others should not be heated.

E. Excel's products are effective because of the amount of research and professional expertise devoted to each product formulation. Every single product is highly concentrated and packed using state-of-the-art technology to ensure that nutrients will not be lost.

E. Excel's products are not medications. They are botanical food products based on the science of Nutritional Immunology to supplement your nutrient sources and help provide balance to your daily diet.

E. Excel's products are not intended to diagnose, treat, cure or prevent any diseases and should not be used as a substitute for professional medical diagnosis and treatment. If you experience any discomfort, please consult your doctor for advice.