



E. EXCEL ***Millennium® Powder Beverage*** **Questions & Answers**

Q What is *Millennium® Powder Beverage*?

A *Millennium Powder Beverage* is a delicious powdered blend of cactus, orange, lemon and stevia that forms an excellent source of phytochemicals and antioxidants.

Q What are the differences between cactus and aloe vera?

A Although the aloe vera resembles the cactus, the aloe vera is actually a member of the Xanthorrhoeaceae family, which also includes lilies, while cactus is a member of the Cactaceae family and more closely related to the rose plant. Aloe vera grows quickly, taking just eight months to mature while cactus takes many years to reach maturity. Aloe vera is said to be native to North Africa while cactus is native to the American continents. Aloe vera is darker and has long, flat leaves, while cactus is usually lighter colored with fleshy and swollen stems. These two plants also have very different nutritional properties.

Q What is the difference between *Millennium® Powder Beverage* and *Millennium®*?

A *Millennium* is in liquid form. *Millennium Powder Beverage* is in powder form and, hence, more travel-friendly. Because it contains stevia instead of honey, it is also more suitable for those on low-sugar diets.

Q How do I prepare *Millennium Powder Beverage*?

A Mix one package of *Millennium Powder Beverage* with 100ml of warm water. Hot water will destroy the nutrients in *Millennium Powder Beverage* and change its original color. If you wish to enjoy *Millennium Powder Beverage* chilled, mix with cold water and stir for a longer period to allow the powder to fully dissolve.

Q Can *Millennium Powder Beverage* be mixed with other liquids such as fruit juice and desserts, or consumed without mixing with water?

A It is not recommended to consume *Millennium Powder Beverage* without mixing it with water. However, you may mix it with juices or other E. EXCEL products.

Q Why is the powder in *Millennium Powder Beverage* not uniform in size and color?

A E. EXCEL's utmost priority in the manufacturing process is to retain wholesome nutrition. Processing different plant foods requires different methods and temperatures to ensure retention and maximum concentration of their nutrients. Hence, our manufacturing process is more than just mixing various plant foods. In addition, to facilitate the packaging of the product and prevent static electricity while packaging, part of the plant powders are processed to become bigger particles.

The plant powder particles may retain the original colors of the plants. The different colors of the plant powders and particles do not mean that there are impurities in the product.

Q Can I consume half of the *Millennium Powder Beverage* in a packet, and save the other half of the powder for another time?

A The unconsumed powder may become contaminated. Hence, it is best to consume a whole packet of *Millennium Powder Beverage* at a time.

Q After preparing *Millennium Powder Beverage* as a drink, can I enjoy it slowly?

A It is best to drink *Millennium Powder Beverage* immediately after mixing with water as its antioxidant content will be reduced with time. If that is not possible, try to refrigerate the drink and finish it in one day.

Q How do I choose between *Celebration™*, *Millennium® Powder Beverage*, and *Millennium® Gold (Powder Beverage)*?

A All are excellent for promoting general well-being. *Millennium Powder Beverage* has exceptional levels of phytochemicals, which have astonishing abilities to boost immunity and help the body recover from debility.

Millennium Gold is rich in polysaccharides and other nutrients from Cordyceps mycelium that increase energy, vitality and resistance to stress, in addition to high levels of phytochemicals from cactus.

Millennium Powder Beverage and *Millennium Gold* are suitable for those on low-sugar diets and those who cannot consume royal jelly and honey.

In addition to phytochemicals, *Celebration™* contains polysaccharides and American ginseng to nourish the body, and is extremely beneficial for those who need nourishment, such as the aged and those suffering from debility.

	Millennium Powder Beverage	Millennium Gold (Powder Beverage)	Celebration Powder Beverage
Contains Cactus?	Yes.	Yes.	Yes.
Contains Cordyceps Mycelium?	No.	Yes.	Yes.
Contains American Ginseng?	No.	No.	Yes.
Suitable for people on low-sugar diets?	Yes.	Yes.	No. It contains honey.
Suitable for people who are allergic to bee stings and bee products?	Yes.	Yes.	No. It contains honey and royal jelly.

Q Why use stevia in *Millennium Powder Beverage*?

A Stevia refers to the *stevia rebaudiana* plant, a 100% natural ingredient that provides sweetness without calories. Stevia also has the added benefit of helping to maintain a lower blood glucose level, and studies indicate it may also help support lower blood pressure levels. Those on low-sugar diets will appreciate these benefits especially.

Q Can diabetics use *Millennium Powder Beverage*?

A While stevia does not cause blood sugar spikes, which is a plus for diabetics, we suggest you consult your health care practitioner before taking this product.