



## Refresh®

### An Herbal Tea Beverage

As living standards rise, eating out is a frequent, if not daily, experience for most people. Diets high in salt, monosodium glutamate, fat and sugar burden the body and prevent it from functioning at its optimum level. The kidneys are important filter organs in the body — they help to purge metabolic wastes and excess substances from the body. They also regulate blood pressure. Malfunctioning kidneys disrupt the body's normal functioning and weaken its immunity, as well as impair vision.

*Refresh* is specially formulated to enhance the functioning of the kidneys. Frequent consumption of *Refresh* can revitalize you and help you maintain a well-cleansed, healthy body.

*Refresh* is a delicious herbal tea beverage that is high in phytonutrients and ideal for optimal health maintenance. Drink it any time of the day or night, warm or cold.

*Refresh* comes in a box of 60 individual servings.

## E. Excel Nutritional Immunology®

### Prevention Over Cure

Nutritional Immunology is a relatively new science pioneered by E. Excel's founder, Dr Jau-Fei Chen. It studies the close relationship between nutrition and the immune system. Dr Jau-Fei Chen's research shows that consuming healthy foods strengthens the immune system; a strong immune system can defend us from most illnesses. Nutritional Immunology emphasizes consuming natural, wholesome foods for good health and does not endorse consuming chemically processed foods. This science surpasses the study of basic nutrients essential for survival such as vitamins and proteins. Instead, E. Excel Nutritional Immunology® researches how antioxidants, phytochemicals and polysaccharides help boost the immune system.

E. Excel Nutritional Immunology® emphasizes prevention over cure. Health problems can be better prevented if we provide our immune system with proper nourishment daily.

### Our Product Development Process

E. Excel's formulates its products on the science of Nutritional Immunology. We have spent much time and effort on developing and manufacturing wholesome products, which includes:

1. Researching the different types of plant food that contain the most abundant phytochemicals, antioxidants and polysaccharides;
2. Studying which plant species is most beneficial to the human immune system. For example, there are over 80 species of ginger, but all contain varying amounts of nutrients;
3. Analyzing which parts of a plant contain the most beneficial phytonutrients;
4. Selecting the most appropriate harvest time. For example, the older the ginseng, the better it is, as ginseng harvested at a young age yields little nutritional benefit. Mushrooms should be harvested when they are still young to obtain optimum quality;
5. Using appropriate processing techniques, i.e., some plants must be heated before use while others should not be heated.

E. Excel's products are effective because of the amount of research and professional expertise devoted to each product formulation. Every single product is highly concentrated and packed using state-of-the-art technology to ensure that valuable phytonutrients will not be lost.

E. Excel's products are not medications. They are botanical food products based on the science of Nutritional Immunology to supplement your nutrient sources and help provide balance to your daily diet.

E. Excel's products are not intended to diagnose, treat, cure or prevent any diseases and should not be used as a substitute for professional medical diagnosis and treatment. If you experience any discomfort, please consult your doctor for advice.