



## Enjoi® Health Beverage

For thousands of years in many different cultures, the lotus flower has symbolized enlightenment. It grows in muddy waters but emerges clean and pure, and is the only plant to fruit and flower simultaneously. Accordingly, the lotus symbolizes resurrection, serenity and peace. The essence of this sacred flower is to accelerate spiritual evolution and enhance healing on every level within the human system.

Essential nutrient properties found in the Lotus include vitamins B<sub>1</sub> and B<sub>2</sub>, niacin, carotene, calcium and iron as well as a vitamin C content equivalent to that of tangerines.

In general, Lotus aids in cleansing the entire system of toxins and may hasten recovery.

E. Excel has captured the powerful properties of the Lotus plant and created a beverage with an abundance of nutritional value. *Enjoi*™ has a mild fruit flavor and is a complement to any meal or perfect alone.

In addition to lotus, *Enjoi*™ contains rice, apple, blueberry, strawberry, pineapple juice, natural lemon and strawberry flavors, barley, ganoderma (reishi) powder and pearl powder to help strengthen the immune system and support overall health.

A box of *Enjoi*™ contains 30 individually packaged servings.

## E. Excel Nutritional Immunology®

### Prevention Over Cure

Nutritional Immunology is a relatively new science pioneered by E. Excel's founder, Dr Jau-Fei Chen. It studies the close relationship between nutrition and the immune system. Dr Jau-Fei Chen's research shows that consuming healthy foods strengthens the immune system; a strong immune system can defend us from most illnesses. Nutritional Immunology emphasizes consuming natural, wholesome foods for good health and does not endorse consuming chemically processed foods. This science surpasses the study of basic nutrients essential for survival such as vitamins and proteins. Instead, Nutritional Immunology researches how antioxidants, phytochemicals and polysaccharides help boost the immune system.

Nutritional Immunology emphasizes prevention over cure. Health problems can be better prevented if we provide our immune system with proper nourishment daily.

### Our Manufacturing Processes

E. Excel's formulates its products on the science of Nutritional Immunology. We have spent much time and effort on our manufacturing processes, which include:

- Researching the different types of plant food that contain the most abundant phytochemicals, antioxidants and polysaccharides;
- Studying which plant species is most beneficial to the human immune system. For example, there are over 80 species of ginger but all contain varying amounts of nutrients;
- Analyzing which parts of a plant are most nutritious;
- Selecting the most appropriate harvest time. For example, the older the ginseng, the better it is, as ginseng harvested at a young age yields little nutritional benefit. Mushrooms should be harvested when they are still young to obtain optimum quality;
- Using appropriate processing techniques, i.e., some plants must be heated before use while others should not be heated.

E. Excel's products are effective because of the amount of research and professional expertise devoted to each product formulation. Every single product is highly concentrated and packed using state-of-the-art technology to ensure that nutrients will not be lost.

E. Excel's products are not medications. They are botanical food products based on the science of Nutritional Immunology to supplement your nutrient sources and help provide balance to your daily diet.

E. Excel's products are not intended to diagnose, treat, cure or prevent any diseases and should not be used as a substitute for professional medical diagnosis and treatment. If you experience any discomfort, please consult your doctor for advice.