



DONG QUAI

Supports Women's Health

Benefits

- Supports and Regulates Hormonal Balance
- Soothes Abdominal Discomfort
- Enhances Circulation and Immunity
- Promotes Relaxation and Improves Mood
- Maintains Healthy Skin Tone
- Soothes Joints and Muscles

Women's bodies have special needs. Changes in hormonal cycles affect circulation, mood, skin tone and muscular contractions, among many other things. Dong Quai is known as the "Queen of Herbs" for support of women's health.

How Dong Quai Works

Dong Quai is a tonic herb, which means it balances and soothes. In addition, it increases circulation to the uterus. It has both a stimulating and relaxing effect on the uterus, helping to control cramping and spasms. It also affects smooth muscles in the intestines, reducing discomfort. Dong Quai also acts as a platelet inhibitor, regulating blood viscosity. Diuretic properties help ease water retention and bloating. Blood clearing abilities help circulation and the immune system work better. These actions contribute to an overall sense of well-being whether Dong Quai is for hormonal balance in women or to enhance circulation and vitality in men.

Nutritional Immunology Formulation

E. Excel uses carefully selected Dong Quai root. This special Nutritional Immunology preparation ensures a proper balance of naturally occurring polysaccharides and phytochemicals for optimal function of the female reproductive, circulatory and musculoskeletal systems. E. Excel's Dong Quai is also appropriate for men to use because we use the whole root, and do not concentrate the phytoestrogens found naturally in Dong Quai.

Warning: Pregnant and lactating women should consult their physician before using products containing Dong Quai. Dong Quai has been reported to increase the effects of blood thinning drugs and supplements. Dong Quai also increases photosensitivity. Avoid prolonged exposure to the sun while using Dong Quai.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

E. Excel Nutritional Immunology® Whole Food Concentrates

E. Excel Nutritional Immunology®, a science pioneered by world-recognized immunologist and microbiologist, Dr. Jau-Fei Chen, PhD, advocates supporting the immune system with a healthy, whole-foods diet. After years of research in Oncology and Immunology, Dr. Chen found that the best defense against life's most common health risks is to build a healthy immune system through smart lifestyle choices where whole plant foods play a vital role.

Herbal Whole Food Concentrates

E. Excel's whole food concentrates are Nutritional Immunology formulations available in convenient capsules for swallowing. Or, open them and consume them in a tea or with a meal—making it that much easier to make sure you are eating a wide variety of healthy plant foods.

Our unique concentrates deliver optimal levels of the polysaccharides, antioxidants and phytochemicals found in whole plant foods—not isolated elements that support vitamin and mineral claims. We start with premium quality ingredients, grown and harvested in conditions that yield the highest levels of immune-supporting compounds. Then we prepare our ingredients with only water—no harsh chemicals. We use freeze-drying to help preserve the energy stored as plant enzymes in our ingredients.

Taken according to the directions on the label, they are safe for all ages, should not cause harmful side effects and pose no risk of "accidental overdose" because their ingredients are whole foods.

Immune System Support

Every major organ system in the body relies on the immune system to defend it around the clock from viruses, bacteria, parasites and allergens—as well as free radicals, DNA damage, insulin resistance and the aftermath of inflammatory responses. The better the immune system does these jobs, the healthier we are. Each E. Excel whole food concentrate supports functions of specific body systems by balancing the immune system's activity or "energy" in that system. Ultimately, if used properly along with other healthy lifestyle choices, each E. Excel Nutritional Immunology® whole food concentrate brings balance to the body, both mentally and physically, resulting in reduced health risks and a better quality of life.