



## ART™

### For Healthy Joints

#### Benefits

Promotes Relaxation and Muscle and Joint Comfort

Improves Blood Viscosity and Circulation to Joints and Muscles

Helps Provide Moisture and Lubrication to Joints

Supports Tissue Restoration During Sleep

For our joints to maintain strength, flexibility and shock absorbance, they require exercise, rest and proper nutrition. When we do not take care of our joints, they may become stiff or weak, leading to discomfort and decreased mobility. *ART™* combines soothing and restoring ingredients to support healthy joints.

#### How *ART™* Works

*ART™* works in several different ways to comfort and restore the joints. First, it contains herbs with calming effects to help relax the nervous system and muscles to reduce tension and discomfort caused by stress. This also leads to better sleep quality. Since joint and muscle tissue is restored during sleep, this is very important.

The inside of our joints works somewhat like a sponge, absorbing water and acting as a cushion. When the sponge dries out, it can no longer cushion the joints, causing discomfort and decreased range of motion. Moistening ingredients in *ART™* help maintain proper fluid balance in the joints.

*ART™* also includes adaptogenic herbs and “cooling” herbs to help soothe joint discomfort and start the mending process.

#### Nutritional Immunology Formulation

Today, we have many choices for controlling joint health and comfort. Unfortunately, most of us choose only to address the comfort and ignore the “health” part. Meanwhile our condition continues to worsen as we cover up the symptoms. *ART™* is a unique joint formulation that helps nourish and restore joints while maintaining comfort.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## E. Excel Nutritional Immunology® Whole Food Concentrates

E. Excel Nutritional Immunology®, a science pioneered by world-recognized immunologist and microbiologist, Dr. Jau-Fei Chen, PhD, advocates supporting the immune system with a healthy, whole-foods diet. After years of research in Oncology and Immunology, Dr. Chen found that the best defense against life’s most common health risks is to build a healthy immune system through smart lifestyle choices where whole plant foods play a vital role.

### Herbal Whole Food Concentrates

E. Excel’s whole food concentrates are Nutritional Immunology formulations available in convenient capsules for swallowing. Or, open them and consume them in a tea or with a meal—making it that much easier to make sure you are eating a wide variety of healthy plant foods.

Our unique concentrates deliver optimal levels of the polysaccharides, antioxidants and phytochemicals found in whole plant foods—not isolated elements that support vitamin and mineral claims. We start with premium quality ingredients, grown and harvested in conditions that yield the highest levels of immune-supporting compounds. Then we prepare our ingredients with only water—no harsh chemicals. We use freeze-drying to help preserve the energy stored as plant enzymes in our ingredients.

Taken according to the directions on the label, they are safe for all ages, should not cause harmful side effects and pose no risk of “accidental overdose” because their ingredients are whole foods.

### Immune System Support

Every major organ system in the body relies on the immune system to defend it around the clock from viruses, bacteria, parasites and allergens—as well as free radicals, DNA damage, insulin resistance and the aftermath of inflammatory responses. The better the immune system does these jobs, the healthier we are. Each E. Excel whole food concentrate supports functions of specific body systems by balancing the immune system’s activity or “energy” in that system. Ultimately, if used properly along with other healthy lifestyle choices, each E. Excel Nutritional Immunology® whole food concentrate brings balance to the body, both mentally and physically, resulting in reduced health risks and a better quality of life.